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| **Risk Assessment**  **(OSM)** | **Physical Training** | **Date of risk assessment** | **10th January 2024** | **Name of person doing this risk assessment** | **Joe Taylor**  **SFKK / Sandhill** |
| **Category**  **(OSM)** | **Activities** | **Date of next review** | **10th January 2025** |

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| **What hazard have you identified?**  **What are the risks from it?** | **Who is at risk?** | **How are the risks already controlled?**  **What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| Overexcitement and not following rules or instructions leading to injury | Young people  Leaders | * Section code of conduct in place to set clear expectations of behaviour. * Explain the activity clearly using age-appropriate language. * Monitor the mood level throughout the activity. * Use a clear communication to stop the activity. * Have a clear location for those not participating in the activity.. * Have at least two Scouts leaders as well as any external instrctors (e.g. SFKK/Sandhill) |  |
| General risk of slips, trips, or falls, and injuries caused by collisions | Young people  Leaders | * Check that the floor area is clear of objects, particles, and spills that could increase risk of tripping or slipping or cause injury if someone falls on them. * Make sure that participants are wearing appropriate footwear and laces are tied or young people are barefoot * Close all doors where possible to make sure there aren't any additional obstacles. * Consider how many people are taking part * Consider the difference in size between participants (the greater the range, the higher the risk of serious injury). * First aid if required and Scout qualified first aiders present as well as qualified first aiders from any third party leading the activity |  |
| Other unforeseen hazards | Young people  Leaders | * Dynamic risk assessment to be performed by all leaders in line with TSA guidelines. * Hazards to be shared with other leaders and appropraite mitigation to be actioned. |  |