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| **Risk Assessment**  **(OSM)** | **First Aid Skills** | **Date of risk assessment** | **5th September 2022** | **Name of person doing this risk assessment** | **Iain Roy** |
| **Category**  **(OSM)** | **Activities** | **Date of next review** | **5th September 2024** |

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| **What hazard have you identified?**  **What are the risks from it?** | **Who is at risk?** | **How are the risks already controlled?**  **What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| Overexcitement and not following rules or instructions leading to injury | Young people  Leaders | * Section code of conduct in place to set clear expectations of behaviour. * Explain the exercise clearly using age-appropriate language. * Monitor the mood level throughout the session. * Use a clear communication to stop the session – everyone should stop as soon as they hear two blasts on the whistle or anyone shouting stop. * Have a clear location for those not participating in the session. * Have at least two leaders: one to control the session, one to monitor generally. |  |
| General risk of slips, trips, or falls, and injuries caused by collisions | Young people  Leaders | * Check that the area is clear of objects, particles, and spills that could increase risk of tripping or slipping or cause injury if someone falls on them. * Make sure that YP are wearing appropriate footwear and laces are tied. * Close all doors where possible to make sure there aren't any additional obstacles. * First aid if required. |  |
| Individual Muscular injury | Young people  Leaders | * Correct techniques are shown prior to the lesson. * Floor within the working area to be kept clean and dry. Water bottles to be place outside of the working area. * Leader to control and monitor moving of people. |  |
| Transmission of infectious disease through equipment or close contact | Young people  Leaders | * Minimise close contact with each other * Regular use of hand sanitizer * Ensure equipment e.g. manikins are used correctly and cleaned fully prior to use. Use alcohol wipes after each use. |  |
| Other unforeseen hazards | Young people  Leaders | * Dynamic risk assessment to be performed by all leaders in line with TSA guidelines. * Hazards to be shared with other leaders and appropriate mitigation to be actioned. |  |